



# Light Up Your Brain Camp



## 15 Days of Reading & Fitness Challenges with Amazing Rewards to Match!

During Camp, you will be participating in several different activities that are proven to, "Light Up Your Brain." For 3 weeks, you'll have the chance to claim your prizes in a variety of ways. The best award is the feeling you will get after succeeding each day. *Get started and earn them all!*

### MONDAY

Reading & Writing Awards

### TUESDAY

Effort & Achievement Incentives

### WEDNESDAY

Monthly Motivators™ Charms

### THURSDAY

Numbers Medals

### FRIDAY

Physical Activity Tokens

## DAILY CHALLENGES

#### Monday of Week 1

Read out loud to someone



#### Tuesday of Week 1

Demonstrate "amazing" work ethics



#### Wednesday of Week 1

Recall a fact about St. Patrick's Day



#### Thursday of Week 1

As a team of 4, complete a 5k between you and 3 friends!



#### Friday of Week 1

Play for 60 minutes



#### Monday of Week 2

Read XX number of books, pages or chapters per week



#### Tuesday of Week 2

Didn't miss school



#### Wednesday of Week 2

Read about where "wind" comes from



#### Thursday of Week 2

Learn 10 new vocabulary words



#### Friday of Week 2

Run or Walk continuously for 20 minutes



#### Monday of Week 3

Write a book report



#### Tuesday of Week 3

Show great teamwork



#### Wednesday of Week 3

Bring a healthy snack



#### Thursday of Week 3

Write a 400 word essay with a friend



#### Friday of Week 3

Remember your P.E. shoes the entire month

