

I ♥ TO READ™

Instruction Sheet

How to Keep Kids Reading in All Learning Environments

Step 1: Get Them Excited! Setup Your Reward System!

Whether your student is reading picture books or chapter books rewarding them for time spent reading is a great incentive and a way for students to build up their reading stamina! Use the I ♥ to Read™ Activity Sheet (included) to keep track of any reading goal and book titles read – *all in one place!*

We recommend awarding students at least once a week for completing their I ♥ to Read™ Activity Sheet. Assign specific awards for when goals are reached. Setting smaller, attainable goals will give them a boost on their way to larger ones! *Create a system that works for you.*

Step 2: Track Their Progress

Follow the instruction below on how to return the completed sheet to your teacher:

Step 3: Celebrate & Reward Their Success

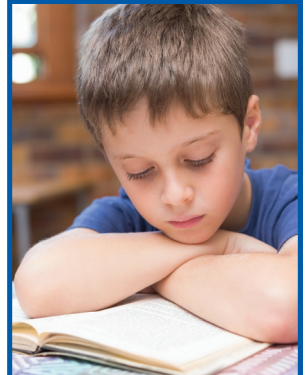
A recent study notes that adding rewards to a program increases active participation by 50%. Habits form when the reward centers of the brain are stimulated no matter what activity they are doing!

[FitnessFinders.net](https://www.fitnessfinders.net) has **over 400 different awards** that your kids will love to collect! We have awards for art, music, reading, writing, effort, and achievement (animals, numbers, and customizable awards as well).

How Often Should I Give Rewards?

Students love collecting their favorite colors and tokens to show what they have accomplished! We recommend awarding students at least once a week for completing their I ♥ to Read Activity Sheet.

We're excited to help keep their children reading in all learning environments! We also have awards for other classroom work– [Pencils](#), [Math Awards](#), [A+ Award](#), and more. Make it easy for your students to display their awards with [Chains or LaceLink Lanyards](#).



I ♥ TO READ™ Activity Sheet

Student Name: _____

Teacher Name: _____

This Week's Reading Goal: _____

Week Date: _____

Date	Book Title(s)	Start	Finish	Goal Total
Day 1				
Day 2				
Day 3				
Day 4				
Day 5				
Day 6				
Day 7				
Weekly Total				

Fitness Finders helps teachers and parents promote health and wellness. Use this link to learn of affordable awards and programs that truly motivate students. FitnessFinders.net

Fitness Finders® Reading Activities & Awards

SUGGESTED ACTIVITIES:

- Set a goal for number of books or chapters read per week
- Accelerated Reading Points earned
- Recommend a book to a friend
- Write a book report
- Act out a scene from a book
- Read a nonfiction book: biography, animals, etc.,
- Read a book out loud to someone
- Write a journal entry as the main character
- Listen to an audiobook



Award 1	Book Charm 	Award 2	Book Bug 	Award 3	Reading Superstar 
Award 4	Glow Book Charm 	Award 5	Reading Trophy 	Award 6	BW, the Bookworm 
Award 7	Star Reader 	Award 8	Glow Worm 	Award 9	I ♥ To Read™ Mini Medal 
Award 10	I ♥ To Read™ Wristbands 	Award 11	Reading Monster 	Award 12	I ♥ To Read™ Pencils 

Find More Reading Awards at FitnessFinders.net!